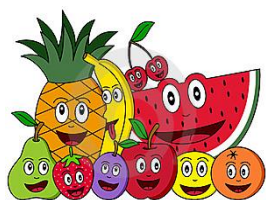


		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	MEAT/FISH	Sticky Chicken Thigh With Yellow Rice	Lamb Lasagne with Garlic Bread	Roast Chicken, Roast Potatoes and Gravy	Pork Sausages, Mashed Potato and Gravy	Breaded Fish Fingers and Chips
	VEGETARIAN	Sweetcorn Pizza	Vegetable Lasagne With Garlic Bread	Vegetable & Noodle Stir-Fry	Vegetarian Sausages, Mashed Potato and Gravy	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	SANDWICH	Cheese Sandwich	Tuna Wrap	Cheese Sandwich	Chicken Wrap	Cheese Sandwich
	VEGETABLES	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables
	DESSERT	Fruit Smoothie	Frosted Carrot Cake	Orange and Mandarin Jelly	Cocoa and Vanilla Marble Cookie	Cheese and Crackers
WEEK 2	MEAT/FISH	Spicy Chicken Pizza	Beef Bolognese in Tomato Sauce with Wholemeal Pasta	Roast Pork, Roast Potatoes and Gravy	Breaded Chicken Strips With Potato Wedges	Breaded Fish Fillet And Chips
	VEGETARIAN	Vegetable Lentil Dahl with Yellow Rice	Tomato, Mozzarella and Sweetcorn Pizza Pin Wheel	Pomodoro Wholemeal Pasta	Vegetable Fingers With Potato Wedges	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Mayonnaise
	SANDWICH	Cheese Sandwich	Tuna Wrap	Cheese Sandwich	Tuna Wrap	Cheese Sandwich
	VEGETABLES	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables
	DESSERT	Fruit Flapjack	Syrup Sponge Cake and Custard	Ice Cream	Oat and Banana Cookie	Cheese and Crackers
WEEK 3	MEAT/FISH	Salmon Fishcake	Chicken Sausage and Bean Cassoulet	Roast Turkey, Roast Potatoes and Gravy	Beef Burger with Herby Diced Potatoes	Breaded Fish Fingers And Chips
	VEGETARIAN	Cheese and Tomato Pizza	Macaroni Cheese	Chickpea and Vegetable Tagine with Cous Cous	Southern Style Quorn Burger with Herby Diced Potatoes	Jacket Potato
	JACKET POTATO	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise	Cheese, Baked Beans or Tuna Mayonnaise
	SANDWICH	Cheese Sandwich	Tuna Wrap	Cheese Sandwich	Turkey Wrap	Cheese Sandwich
	VEGETABLES	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables	Daily Vegetables
	DESSERT	Fruit Crumble and Custard	Cocoa and Orange Sponge Cake	Strawberry Jelly	Shortbread Biscuit	Cheese and Crackers



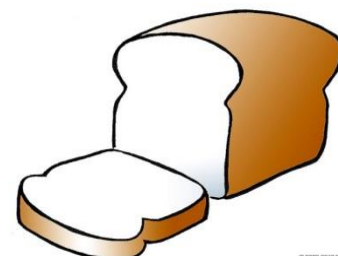
Available Daily- Fresh Fruit



Yoghurt



Salad



Bread