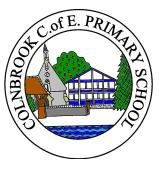
# **Colnbrook C. of E. Primary School**

High Street, Colnbrook, Berkshire, SL3 OJZ Tel: 01753 683661 Email: mail@colnbrookprimary.com Website: www.colnbrookprimary.com

Headteacher: Mr Tom Brunson B.A.(Hons), PGCE



# Newsletter

29th January 2021

## **Believe and Achieve**

Our focus value is: Respect

### A message from the Headteacher

Dear Parents and Carers,

Next week is Place2Be's Children's Mental Health Week. This year's theme is 'Express Yourself'. To celebrate, we are going to have **Wellbeing Wednesday**, next Wednesday 3rd February, where remote learning will look different to normal.



We know that children have been spending more time on screens during lockdown, and we know that there are so many valuable opportunities and learning experiences children can have that are off-screen. So, next

Wednesday, we will not be setting 'screen' learning in the form of videos and activities. Children will still be invited to their daily live session with their class teacher, but will be set a range of learning activities that can be done away from a laptop or tablet. These activities will be designed to allow children to get creative, teach them about their mental health and wellbeing, and give them strategies that they can use to support themselves now and in the future.

Please send in photographs of what you get up to, and encourage your child to look after their own mental health and wellbeing through the activities teachers will set. More information about Children's Mental Health Week can be found by visiting: www.childrensmentalhealthweek.org.uk.

### Mr T. Brunson

Headteacher

P.S. Turn to page 3 for an exciting competition you could take part in!

# **Worship Section**

### **Prayer Activity**

The world we live in at the moment is not what we are used to. It is easy to get caught up in the negatives and let our worries take over. I would like you to take a moment this week to think about what you are thankful for. Think about the positives in the world, in your life and have a go at this simple activity.

- Write down three things you want to say thank you for.
- Write down three things that you are worried about.
- Read this verse from 1 Peter 5:7 'Leave all your worries with Him, because He cares for you.'
- Add your thank-yous and worries into this prayer.

### Dear God,

### Thank you for \_\_\_\_

Thank you for caring for me. Today, I put these worries in your hands: \_\_\_\_\_ I give these to you now and trust you to care for them, and for me. Amen.

- Put your 'thank you' list on your fridge to make you smile when you open it.
- Rip up the paper with your worries on and throw the pieces in the bin as you have given them to God to carry.

Remember, be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go.

# Home School Learning

Year 1, including Jack B, have been making dinosaurs models out of junk.



On their topic, "What happens when I fall asleep"?, **Reception Class** have been learning about nocturnal animals and **Oliver** and **Nailah** made their own hedgehogs!

Aaliyah, Ronal and Robert, Reception Class, had fun in the snow!



Year 2 have been taking some time out from learning to look after their wellbeing. Lilly-Mai made a bookmark and Matei has been walking his dog.

Zain, Year 4

Year 3 have been learning all

Year 3 have been learning all about money this week. Meera has been using coins to help her.





As part of his PSRHE work in **Reception Class**, here is **Ishaan's** advice for anyone who is finding something tricky and thinking of giving up.



**Year 1** followed a recipe and have made dinosaur eggs!

Year 2 workout.

## **COMPETITION**

Your design could brighten up the school! We are looking for colourful, imaginative designs that could be created in school.

Your design should link in some way to our school's Vision Statement and the Bible story of 'Joshua and the Walls of Jericho'. Below are some ideas to get you thinking!

Designs should be sent to mail@colnbrookprimary.com or dropped through the letter box outside main reception, no later than Tuesday 23rd February 2021.

#### **Our Vision Statement**

At Colnbrook we want to grow young people who **believe** in themselves so they are confident and courageous and not discouraged from their path. They are resilient when faced with challenge. We want our pupils to believe in each other and to feel supported; never alone on their journey.

Our pupils will have the strength of character to set themselves aspirational goals in learning and life. They will **achieve** their best and create their own inspirational story and memories.

Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go. Joshua 1:9

